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# Targeted Activation of Astrocytes: A Potential Neuroprotective Strategy

Carole Escartin · Gilles Bonvento

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**Abstract** Astrocytes are involved in many key physiological processes in the brain, including glutamatergic transmission, energy metabolism, and blood flow control. They become reactive in response to pathological situations, a response that involves well-described morphological alterations and less characterized functional changes. The functional consequences of astrocyte reactivity seem to depend on the molecular pathway involved and may result in the enhancement of several neuroprotective and neurotrophic functions. We propose that a selective and controlled activation of astrocytes may switch these highly pleiotropic cells into therapeutic agents to promote neuron survival and recovery. This may represent a potent therapeutic strategy for many brain diseases in which neurons would benefit from an increased support from activated astrocytes.

**Keywords** Reactive astrocytes · Activation of astrocytes · Brain diseases · Therapeutic target · Cytokines

## Abbreviations

AD	Alzheimer's disease
ALS	Amyotrophic lateral sclerosis
BrdU	Bromodeoxyuridine
CNTF	Ciliary neurotrophic factor
COX2	Cyclooxygenase 2

GFAP	Glial fibrillary acidic protein
FGF	Fibroblast growth factor
KO	Knockout
HD	Huntington's disease
IGF-1	Insulin-like growth factor 1
IL	Interleukin
iNOS	Inducible nitric oxide synthase
LPS	Lipopolysaccharide
MCAO	Middle cerebral artery occlusion
MRI	Magnetic resonance imaging
NGF	Nerve growth factor
NF $\kappa$ B	Nuclear factor- $\kappa$ B
NMDA	<i>N</i> -Methyl-D-aspartate
PET	Positron emission tomography
STAT3	Signal transducer and activator of transcription 3
SOCS3	Suppressor of cytokine signaling 3
SOD	Superoxide dismutase
SCI	Spinal cord injury
TGF $\beta$	Transforming growth factor $\beta$
TNF $\alpha$	Tumor necrosis factor $\alpha$

## Astrocytes and Brain Diseases

Over the last 20 years, a new field of research has emerged focusing on astrocytes, the most abundant glial cell type in the brain. Extensive study has led to many surprising discoveries regarding the role of these cells and their importance for brain function. Some of the functions of astrocytes were first proposed by Ramon y Cajal, more than a century ago, when he described the unique anatomical properties of these cells [1]. Astrocytes—with their endfeet extending toward blood vessels on one side and enclosing synapses on the other—are ideally situated to control

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metabolic supply, blood flow, ionic homeostasis, and neurotransmitter levels [2]. More recently, studies have suggested that in addition to their supportive role toward neurons, astrocytes play an active role in neuronal transmission and synaptic plasticity [3].

It is now thought that astrocytes are organized into nonoverlapping spatial domains [4–6]. In the rodent brain, a single astrocyte domain may encompass more than 100,000 synapses that may be regulated in a coordinated fashion by gliotransmitters released from this cell [5, 6]. Another key anatomical feature of astrocytes is their interconnection by gap junctions (two apposed hemichannels of connexins) that forms a syncytium facilitating transfer of information and metabolites over distance [7]. Because of these peculiar anatomical properties, any alteration in astrocyte function is susceptible to have profound consequences for neuronal activity [3].

Astrocytes have recently been shown to play a causal or exacerbating role in several brain diseases previously thought to be purely neuronal in origin, including status epilepticus, schizophrenia, amyotrophic lateral sclerosis (ALS), and Huntington's disease (HD; for comprehensive reviews, see [3, 8, 9]). For example, mutant huntingtin, the protein responsible for HD, is expressed in the astrocytes of patients and has been shown to reduce glutamate uptake by cultured astrocytes [10]. The mutant form of superoxide dismutase 1 (SOD1) produced in the astrocytes of some familial ALS patients is toxic to primary and embryonic stem-cell-derived motor neurons [11]. Conversely, selective invalidation of the gene encoding the mutant SOD1 in astrocytes slows disease progression [12]. It has also been suggested that the amyloid deposits observed in Alzheimer's disease (AD) may result from the dysfunctional degradation of amyloid fibrils by astrocytes [13]. Therefore, astrocyte dysfunction may play an unsuspected role in the occurrence and exacerbation of many diseases. These cells may therefore be a promising new therapeutic target for many of these pathological conditions, particularly given the unique ability of astrocytes to become reactive, which may be accompanied by marked functional alterations of potential benefit to damaged neurons.

This review will address the following issues: What are the main morphological and functional features of reactive astrocytes? Are these features unique and universal or dependent on the stimulus involved? Do reactive astrocytes promote, exacerbate, or combat pathogenic processes? Could novel therapeutic strategies for brain diseases be based on a targeted activation of astrocytes?

In the following paragraphs, we will use the term "reactive astrocytes" or "astrogliosis" as a state of astrocytes that is induced by any pathological situation by means of endogenous mechanisms, while "activated astrocytes" will refer to a state that is induced experimentally by pharmacological or genetic manipulations.

## General Features of Reactive Astrocytes

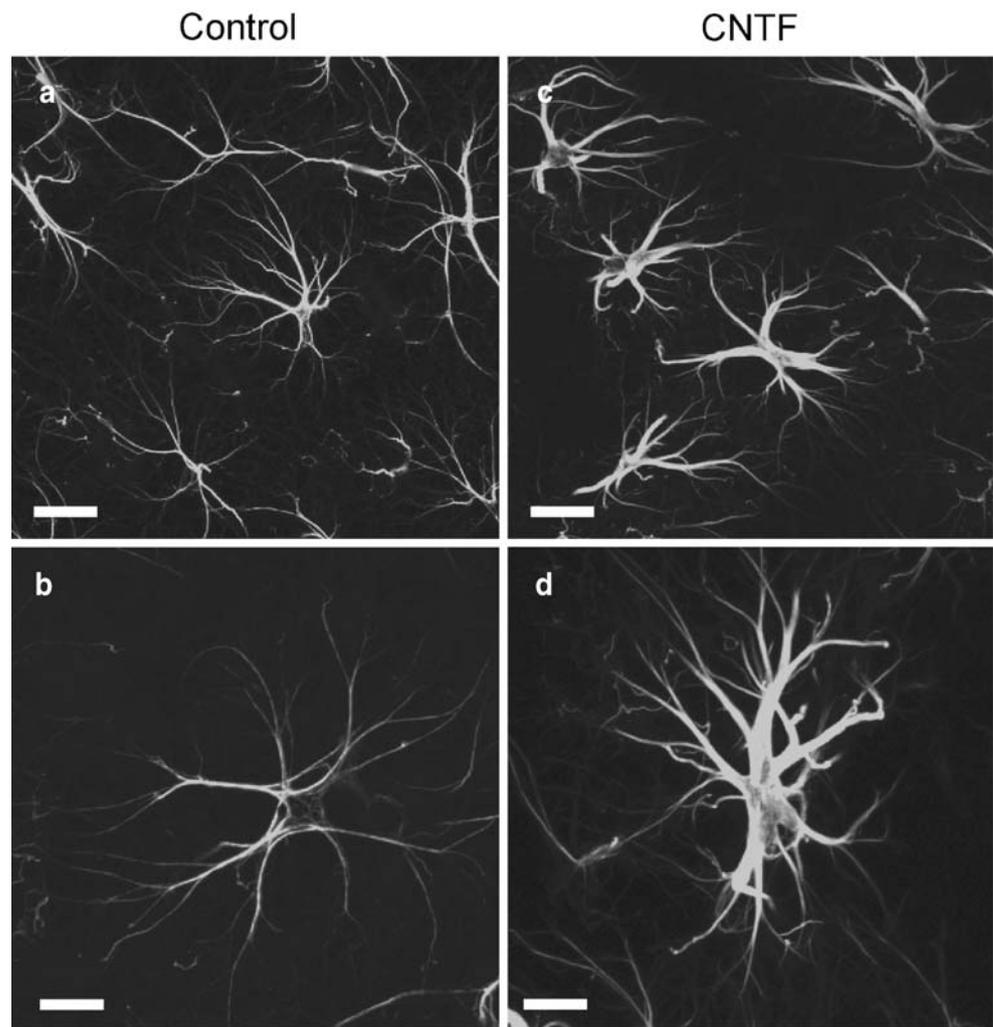
Astrocyte reactivity is a general term encompassing changes in both the morphology and function of astrocytes in response to any pathological condition. The pathological stimulus may be an acute injury, such as mechanical lesions of brain parenchyma, brain trauma, ischemia, infection, or a chronic deleterious situation such as neurodegenerative diseases or aging [14–16]. Astrocyte reactivity is generally associated with microglial reactivity and, in some cases, leukocyte recruitment. Microglia, the resident immune cells of the brain, may in fact be responsible for the subsequent activation of astrocytes and may coordinate complex processes of neuroinflammation [17]. This review will focus on astrocyte activation and will not specifically address the potential dual effects of reactive microglia and immune cell infiltration for neuronal survival and brain recovery. Several comprehensive reviews have already been published on this interesting topic [18–20].

The reactive state of astrocytes was initially defined on the basis of morphological criteria. Reactive astrocytes have both hypertrophic processes and soma and overexpress intermediate filaments (glial fibrillary acidic protein (GFAP), vimentin, and nestin [21, 22]; see Fig. 1). This definition was recently refined by studies using dye-filling [23] or diolistic labeling [24] of reactive astrocytes and three-dimensional reconstruction of confocal images. Reactive astrocytes appear to have thicker main processes than resting astrocytes, without any significant alteration in their overall domain volume [23]. Their processes also tend to overlap more at the domain boundaries after epileptic seizures, but not during chronic neurodegenerative diseases [24].

After a local disruption of the brain parenchyma, reactive astrocytes extend their processes in a single plane forming a glial scar that demarcates the lesioned area from healthy parenchyma. This type of astrocyte reactivity, called anisomorphic gliosis, is irreversible [16]. By contrast, with less focal injuries such as chemical lesions or during chronic diseases, reactive astrocytes are more evenly distributed and have randomly orientated processes, a reversible phenomenon called isomorphic gliosis. Thus, even if reactive astrocytes display common features (hypertrophy and upregulation of intermediate filaments), other characteristics may depend on the stimulus involved (see below).

The classic definition of astrocyte reactivity involves cellular proliferation; however, the intensity of astrocyte proliferation appears quite variable depending on the model studied and the techniques used. Early reports using bromodeoxyuridine (BrdU) labeling or radioactive thymidine incorporation suggested that limited astrocyte proliferation occurred after brain injury (less than 5% of total

**Fig. 1** CNTF-activated astrocytes in the mouse hippocampus. Mice were injected into the hippocampus with a lentiviral vector containing the cDNA for the cytokine CNTF (*CNTF*) or the cDNA for  $\beta$ -galactosidase (*Control*). Two months later, astrocytes were stained for GFAP. Activated astrocytes display classical hypertrophied GFAP-positive processes. *Scale bar*=20  $\mu$ m (**a**, **c**) and 10  $\mu$ m (**b**, **d**). Unpublished data from G. Bonvento and C.W. Shuttleworth



reactive astrocytes) and that the apparent increase in the number of astrocytes in pathological conditions might be linked to the production of larger amounts of GFAP (see references in [16]). However, a recent study based on genetic mapping with inducible Cre-mediated recombination in reactive astrocytes and lentivirus-tagging suggested that adult astrocytes are a significant source of proliferating, reactive astrocytes in response to stab wound injury in mice [25]. They found that up to 40% of tagged adult astrocytes incorporated BrdU after injury. The use of this elegant technique in other models of astrogliosis should provide a more general assessment of the degree of proliferation.

More functional markers of astrocyte reactivity include an increase in the levels of certain cytokines, such as interleukin-6 (IL-6) and ciliary neurotrophic factor (CNTF), adhesion/recognition molecules, as well as other proteins generally associated with detrimental effects such as calcium-binding protein S100 $\beta$ , inducible NO synthase (iNOS), and cyclooxygenase 2 (COX2; reviewed in [14, 15]). Following acute injuries, astrocytes express immediate

early genes such as *c-fos* and heat shock protein genes [15]. They then overexpress intermediate filaments and undergo morphological changes within a few hours [16]. In the case of isomorphic gliosis, the overexpression of some of these proteins is transient and disappears after several weeks (see references in [16]). The time course of astrocyte reactivity is quite complex and depends on the type of injury; the sequence of events being even less clear in chronic pathological states such as neurodegenerative diseases [26]. The reader is referred to several comprehensive reviews that describe the molecular profile and time course of astrocyte reactivity in different pathological conditions such as ischemia [27, 28], traumatic brain injury [29], mechanical lesions [30], or neurodegenerative diseases [18, 31].

In conclusion, while the morphological alterations of reactive astrocytes are universal and quite easily detected, functional changes appear much more subtle and depend on the stimulus involved. This complex picture has contributed to the difficulty in evaluating the functional role of reactive astrocytes in pathological conditions.

## Reactive Astrocytes: Deleterious or Protective?

Astrocytes are involved in many important brain functions. It is therefore of key importance to evaluate whether these functions are enhanced, lost, or unchanged when astrocytes are in a reactive state. This dictates whether manipulation of astrocyte reactivity is a viable therapeutic strategy for improving neuronal survival and restoring neuronal function. Two main approaches have been used to answer this question: prevention of endogenous astrocyte reactivity and activation of astrocytes by pharmacological or genetic manipulation.

### Assessing the Role of Endogenous Reactive Astrocytes

One approach to interfere with astrocyte reactivity (or at least to disrupt the glial scar) involves the knockout (KO) of intermediate filament genes (encoding GFAP and/or vimentin; Table 1). Knockout mice showed no developmental or breeding abnormalities (see references in [21]). However, GFAP and vimentin double-KO mice displayed lower levels of astroglial reactivity (as seen with S100 $\beta$  and nestin immunolabeling) and greater sprouting of supraspinal axons compared with control mice, 3 days, 1 and 5 weeks after spinal cord hemisection. These features were associated with locomotor functional recovery 2 to 4 weeks following injury [32]. A similar improvement in axonal regeneration was observed in the hippocampus of double-

KO mice 2 weeks after transection of the entorhinal cortex axons [33]. Kinouchi et al. showed that astrocytes from these double-KO mice were more permissive for stem cell migration and neurite extension after retinal transplantation [34]. However, at earlier time points after entorhinal axon transection (4 days), double-KO mice displayed a lower number of synapses [33]. Indeed, a more recent study on these mice has demonstrated that reactive astrocytes may rather be beneficial for neuronal survival. Li et al. found that exposing GFAP/vimentin double-KO mice to middle cerebral artery occlusion (MCAO) resulted in an infarct size three times larger than in littermate controls or single-KO mice [36]. This increase in infarct size was accompanied by a decrease in uptake of the excitotoxic neurotransmitter glutamate and levels of plasminogen activator inhibitor 1, a key protective protein in ischemia [36].

Other studies have used elaborate genetic tools to more directly address the role of reactive astrocytes. Sofroniew et al. developed a transgenic mouse expressing the herpes simplex virus type 1-thymidine kinase “suicide gene” under control of the mouse GFAP promoter (Table 1). The enzyme encoded by this gene phosphorylates ganciclovir, preventing further elongation of the newly synthesized DNA and triggering the death of dividing cells. This results in the specific ablation of reactive astrocytes that have strong GFAP promoter activity and are undergoing proliferation. Sofroniew et al. used this model to investigate the role of reactive, dividing astrocytes

**Table 1** Main genetic approaches to investigate the role of reactive astrocytes in vivo

Genetic construct	Effect	Model of astroglial Injury	Main outcomes	Reference
GFAP-vimentin KO	Disruption of cytoskeleton in reactive astrocytes	Spinal cord hemisection	Increased axonal sprouting functional recovery	– [32]
		Entorhinal cortex axon transection	Improved axonal regeneration at 2 weeks Decrease in synapse number at 4 days	+/- [33]
		Cell transplant in the retina	Increased stem cell migration and neurite extension	– [34]
		Retinal detachment MCAO	Improved photoreceptor survival Increase in infarct size	– [35] + [36]
PromGFAP-TK (+oral ganciclovir)	Ablation of dividing reactive astrocytes	Forebrain stab wound	Increase in neurite outgrowth lesion exacerbated	+/- [37]
		Spinal cord injury	Lesion and motor symptoms exacerbated	+ [38]
		Traumatic cortical injury	Lesion exacerbated when mild injury, no effect on severe injury	+ [39]
PromNestin-Cre X STAT3 <sup>loxP</sup>	Inhibition of astrocyte reactivity	Spinal cord injury	Lesion aggravated and more severe symptoms	+ [40]
PromNestin-Cre X SOCS3 <sup>loxP</sup>	Enhancement of astrocyte reactivity	Spinal cord injury	Reduced lesion and improved motor symptoms	+ [40]

This table reports only the main studies on the functional role of reactive astrocytes in vivo that are based on genetic targeting of astrocytes through the use of cell type-specific promoters. Many other studies with a nonselective KO or overexpression (of cytokines for example) have been carried out but are not mentioned here. See [41] for review on the outcomes of such experiments. Signs “+”, “–”, and “+/-” refer, respectively, to beneficial, detrimental, or mixed effects of reactive astrocytes on the injury outcome

Prom promoter

in various acute pathological conditions, including forebrain stab wound [37], traumatic cortical brain injury [39], and stab or crush spinal cord injury (SCI) [38]. The absence of dividing reactive astrocytes limited glial scar formation, allowing greater neurite outgrowth in the forebrain stab wound model [37]. However, the ablation of reactive astrocytes greatly increased the severity of all these lesions: Blood brain barrier repair was impaired, immune cell infiltration levels were higher, and neuronal death was significantly enhanced. In the forebrain stab wound model, memantine (a *N*-methyl-D-aspartate (NMDA) glutamate receptor antagonist) partially prevented neuronal death in the CA1 region of the hippocampus of reactive astrocyte-ablated mice [37], highlighting the key role of reactive astrocytes in promoting glutamate homeostasis. In the SCI model, significant levels of oligodendrocyte death accompanied by severe demyelination were also observed in reactive astrocyte-ablated mice, together with less favorable motor outcomes [38]. Myer et al. used controlled cortical impacts of different intensities to produce either moderate or severe cortical lesions leading to 18% and 88% loss of cortical tissue, respectively, and found that the ablation of dividing reactive astrocytes affected only moderate injuries [39]. This last observation suggests that the capacity of reactive astrocytes to promote brain recovery is limited, and therefore, stimulating this endogenous response to brain insult may constitute an efficient therapeutic strategy.

Okada and colleagues provided more direct evidence for beneficial roles of reactive astrocytes and for the aggravating effects of preventing astrocyte reactivity in the SCI model (Table 1). They used a conditional KO of signal transducer and activator of transcription 3 (STAT3) or suppressor of cytokine signaling 3 (SOCS3) based on the Cre-mediated recombination of these genes in reactive astrocytes [40]. STAT3 is part of the intracellular signaling pathway of many cytokines (see “Strategies to Promote a Neuroprotective Phenotype in Activated Astrocytes”) and seems to be involved in astrocyte reactivity. SOCS3 is induced by STAT3 and prevents STAT3 activation, providing a negative feedback on this pathway [42]. Okada et al. showed that impairing astrocyte reactivity by invalidating STAT3 reduced the migration of reactive astrocytes toward the site of injury, increased demyelination and neuronal disruption, and worsened clinical outcomes. Invalidating SOCS3 improved all these outcomes, providing another proof-of-principle that the endogenous astrocyte response may be insufficient and that its stimulation may be beneficial [40].

#### Characterizing the Function of Experimentally Activated Astrocytes

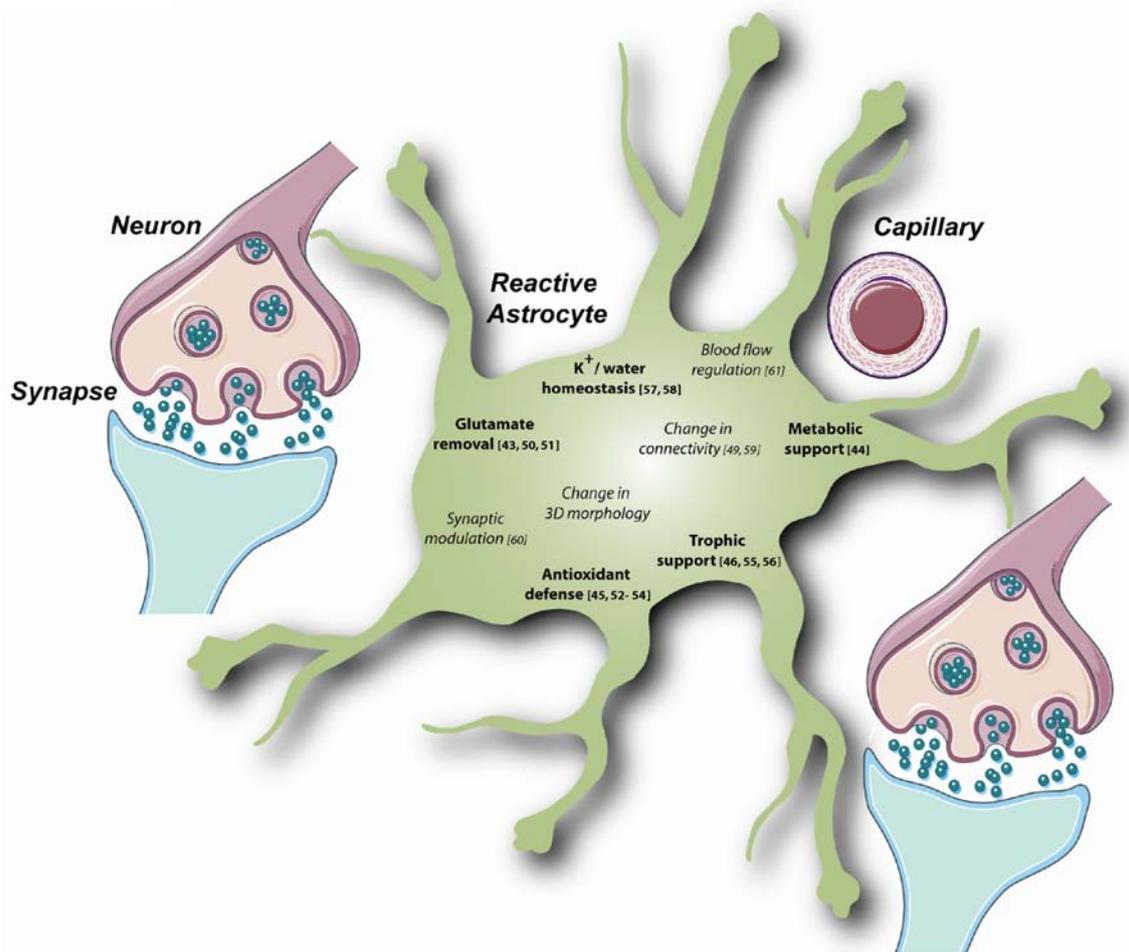
The role of reactive astrocytes can also be investigated by selectively activating astrocytes independently of any

pathological processes and assessing their functional properties. This approach is based on the overexpression of known inducers of astrocyte reactivity (see “Strategies to Promote a Neuroprotective Phenotype in Activated Astrocytes”), and the goal is to specifically target astrocytes, leaving other cell types as unaffected as possible. We found that astrocytes could be activated selectively *in vivo* through lentiviral gene transfer of the cytokine CNTF or *in vitro* by exposing primary mixed cultures to recombinant CNTF [43, 44]. CNTF synthesis and release by infected cells of the striatum (mainly neurons) induced robust and stable activation of astrocytes that displayed classic features of reactive astrocytes (hypertrophy, overexpression of intermediate filaments) (see Fig. 1) [43]. On the contrary, the number of CD11b- and ED1-positive microglia/macrophages, the expression of several neuronal markers, and the spontaneous glutamatergic activity of striatal neurons remained unaffected by CNTF [43]. CNTF-activated astrocytes displayed significant alterations in two key brain functions: glutamate homeostasis and regulation of energy metabolism. CNTF-activated astrocytes expressed the glutamate transporters excitatory amino acid transporter 1 and 2 (EAAT1 and EAAT 2) with two previously undescribed posttranscriptional modifications (hyperglycosylation and recruitment to functional raft domains at the membrane), and these features were associated with significant improvements in glutamate handling *in vivo* [43]. CNTF-activated astrocytes also expressed a new set of metabolic enzymes and transporters involved in the ketone body pathway and fatty acid  $\beta$ -oxidation and displayed a higher rate of oxidation of these alternative energy substrates to glucose [44]. This metabolic plasticity increased the resistance of CNTF-activated astrocytes to metabolic injuries (glycolysis inhibition and prolonged exposure to palmitate) and eventually improved neuronal survival *in vitro* [44]. A recent study of primary cultures of mouse astrocytes also reported that astrocyte activation by cytokines (IL-1 $\beta$  and/or tumor necrosis factor  $\alpha$  (TNF $\alpha$ )) altered the metabolic profile of these cells (enhanced glycolysis, pentose phosphate pathway and Krebs cycle activities and lower intracellular glycogen levels [45]). These cytokines induced additive metabolic changes (i.e., enhancement of glycolysis and decreased glycogen levels) when used in combination [45]. However, the increase in activity of the pentose phosphate pathway and the decreased metabolic response to glutamate were only observed in presence of the two cytokines. This is another demonstration that the signaling pathways responsible for astrocyte activation determine the functional outcome.

More direct neuroprotective effects of activated astrocytes have also been reported. Using CNTF or IL-1 $\beta$  to activate spinal cord astrocytes, Albrecht et al. showed enhanced production of fibroblast growth factor 2 (FGF-2)

by CNTF-activated astrocytes, which was associated with greater survival and neurite outgrowth of cocultured motor neurons [46]. Similarly, FGF-1-activated astrocytes over-express antioxidant enzymes and release larger amounts of nerve growth factor (NGF) [47]. Damaged neurons express the proapoptotic p75 form of the NGF receptor and are eliminated by this release of NGF, whereas “healthy” neurons may benefit from this enhanced trophic support [47]. Activation of astrocytes by both IL-1 $\beta$  and TNF $\alpha$  in vitro also results in significant increases in release of glutathione [45], which is then available to neurons for their own antioxidant defense [48].

Thus, reactive astrocytes and experimentally activated astrocytes display marked functional changes, which may either induce direct neurotrophic effects (increased release of neurotrophic factors, enhanced energetic supply, etc.) or trigger more subtle, indirect changes leading to a general improvement in brain cell function (enhanced glutamate uptake, reorganization of metabolic pathways, modulation of synaptic transmission etc., Fig. 2) [62, 63]. Even the glial scar that hinders axonal regrowth has some beneficial consequences for the brain, demarcating the injured area and preventing propagation of damage. Astrocyte reactivity appears then to be a potent endogenous defense mechanism



**Fig. 2** Several beneficial functions may be enhanced in reactive or experimentally activated astrocytes. Activation of astrocytes by pharmacological agents or induction of astrocyte reactivity in pathological conditions may enhance the regular functions of astrocytes. Many of them involve subtle interactions with neurons and control their survival and correct function. Some of these functional changes are interrelated. For example, changes in astrocyte connectivity may have various effects on metabolite supply, synaptic transmission, and glutamate uptake, because metabolites such as glucose and neurotransmitters can pass through gap junctions [49]. Similarly, changes in the three-dimensional morphology of astrocytes

may modify synapse coverage and thus, neurotransmitter removal and synapse modulation [3]. Finally, changes in blood flow directly affect nutrient availability and metabolite supply. *Numbers* refer to key reviews or articles reporting an improvement in astrocyte function (in **bold**) following the experimental activation of astrocytes in vitro or in vivo (*glutamate removal* [43, 50, 51]; *metabolic support* [44]; *antioxidant defense* [45, 52–54]; *trophic support* [46, 55, 56]; *K<sup>+</sup>/water homeostasis* [57, 58]). For some more complex functions (*change in connectivity* [49, 59]; *synaptic modulation* [60]; *blood flow regulation* [61]). The background image was supplied by Servier Medical Art

that could be manipulated to promote neuronal survival and recovery [20].

### Strategies to Promote a Neuroprotective Phenotype in Activated Astrocytes

In order to be a valid therapeutic approach, the activation of astrocytes needs to be selective and controlled. Astrocyte activation is associated with many different functional outcomes that may have variable degrees of effectiveness on neuronal survival. It is thus necessary to characterize precisely the molecular cascades resulting in these different activation states. Cytokines are key inducers of astrogliosis (see above) [26, 64]; they activate various intracellular pathways, including the p38/MAPK pathway [65], the Janus kinase/STAT pathway [40], and the nuclear factor- $\kappa$ B (NF $\kappa$ B) pathway [66], all of which are potential targets for promoting tight control of activation state. Some cytokines are typically described as detrimental, inducing excessive inflammatory processes and cell death in the brain, while others, used at an appropriate concentration, may have more physiological and even neuroprotective effects [17, 67, 68].

One way to make activated astrocytes beneficial would be to modulate their cytokine “repertoire” by favoring the production of beneficial cytokines.

Munoz et al. showed that a specific inhibitor of p38/MAPK decreases the production of two proinflammatory cytokines (IL-1 $\beta$  and TNF $\alpha$ ) and improves behavioral outcomes following amyloid  $\beta$  injection into the mouse hippocampus [69]. However, the functional changes induced by this treatment remain unclear. Brambrilla and colleagues have developed a transgenic mouse overexpressing a dominant form of the NF $\kappa$ B inhibitor I $\kappa$ B under the GFAP promoter [70]. These mice showed no obvious motor or behavioral deficits, no gross anatomical alterations, or neuronal cell loss in the spinal cord [70]. The nearly complete abrogation of NF $\kappa$ B activation in astrocytes following contusive SCI did not prevent the appearance of GFAP-positive astrocytes after 8 weeks nor did it change the production of some proinflammatory cytokines (TNF $\alpha$ , RANTES) after 1 day. However, it decreased the injury-induced production of other cytokines/chemokines (transforming growth factor  $\beta$ 2 (TGF $\beta$ 2), MCP-1, and CXCL10) while increasing the release of IL-6. This change in the pattern of cytokine production was associated with a greater sparing of white matter tracks and better functional recovery 8 weeks after SCI [70]. This study confirms that the NF $\kappa$ B pathway is a potential target for modulating the cytokine repertoire and astrocyte activation. However, NF $\kappa$ B is a key transcription factor controlling many other prosurvival and neurotrophic genes [66], and it may be

more efficient to regulate astrocyte activation with a more selective target. The insulin-like growth factor (IGF-1)-calcineurin pathway has recently been identified as a potential pathway controlling the switch between the pro- and antineuroprotective properties of reactive astrocytes [71]. In situ, calcineurin is expressed by reactive astrocytes surrounding amyloid plaques in a transgenic mouse model of AD and in the hippocampus of aged mice [72]. The overexpression of a constitutively active form of calcineurin through adenoviral gene transfer in hippocampal neuron-astrocyte cultures activates astrocytes, which display cellular hypertrophy and express several “classic” genes of reactive astrocytes (S100 $\beta$ , vimentin, antioxidant enzymes...), as seen with microarray analysis [72]. Conversely, in vitro calcineurin gene knockdown decreases the production of iNOS and COX2 by reactive astrocytes after exposure to lipopolysaccharide (LPS) [71]. But intriguingly, the overexpression of a constitutive form of calcineurin in astrocytes reduces their production of deleterious molecules such as COX2, iNOS, and proinflammatory cytokines after exposure to TNF $\alpha$  or LPS in vitro and in response to penetrating cortical injury or LPS injection in vivo [71]. This suggests that calcineurin does not simply activate astrocytes but rather modulates their phenotype. Indeed, the authors made the interesting observation that in rat cultured astrocytes, a delayed activation of calcineurin by IGF-1, 3 or 16 h after treatment with TNF $\alpha$  or LPS respectively, could counteract their deleterious effects on neuronal survival and astrocyte ROS production. Therefore, the authors propose that a primary activation of calcineurin by proinflammatory stimuli such as TNF $\alpha$  or LPS triggers deleterious proinflammatory cascades and that a secondary or sustained activation of astrocyte (by IGF-1 or by genetic manipulation) modulates astrocyte reactivity, shifting them toward a more protective phenotype [71].

There are some successful reports of neuroprotection using cytokines known to activate astrocytes in relevant in vivo models of brain diseases. Lentiviral gene transfer of IL-6 in the rat striatum activates astrocytes (as seen with their increased GFAP expression after 2 weeks) and protects neurons against excitotoxic lesions [73]. Intracerebroventricular injections of recombinant IL-6 significantly decreased infarct size when injected 30 min before and 15 min after MCAO [74]. In mouse, 1-h pre-injection of recombinant TGF $\beta$ 1 or 1-week pre-infection with an adenovirus encoding for the TGF $\beta$ 1 gene protects CA3 mouse hippocampal neurons against kainate toxicity [75]. In several primate models of HD, CNTF treatment has been shown to be neuroprotective [76, 77]. In particular, in the progressive model of striatal degeneration induced by the mitochondrial toxin 3-nitropropionic acid, implantation of capsules of cells genetically modified to secrete CNTF at the onset of symptoms results in a significant protection of

striatal and cortical neurons and reversal of existing motor and cognitive deficits [76]. Thus, even a delayed activation of astrocytes is effective, suggesting that the targeted activation of astrocytes may be a valid therapeutic strategy for ongoing diseases in which astrocytes may already be reactive.

However, these experiments only provide a necessary proof-of-principle that activation of astrocytes can be associated with neuroprotective effects. The demonstration that cytokine-activated astrocytes really mediate these protective effects is still lacking. Transgenic mice, in which astrocyte reactivity can be prevented, such as the conditional STAT3 KO mice [40], may allow to test this hypothesis.

### New Molecular Tools to Target and Monitor Activated Astrocytes

Advances in molecular biology and gene transfer technologies have made it possible to target astrocytes more specifically and thus both to address long-standing questions regarding the role of reactive astrocytes and to use these cells as therapeutic agents.

Conditional KO mice that express genes selectively in astrocytes or even in reactive astrocytes are now available. The expression of the Cre recombinase gene is placed under the control of an astrocyte-specific promoter (such as the GLAST, connexin 30, aquaporin 4, or apolipoprotein E promoters) [78] or a reactive astrocyte-specific promoter (nestin) [40]. In addition, the activity of a modified form of the recombinase (CreER<sup>T2</sup>) can be controlled by tamoxifen injections [79], facilitating the temporal control of the KO process in reactive astrocytes. These are powerful models to investigate the involvement of specific proteins in astrocyte reactivity.

Viral vectors are useful alternative tools, and recently, we developed lentiviral vectors, which result in high levels of transgene expression in astrocytes, while transgene expression is repressed in neurons (Colin et al., submitted). These vectors will facilitate the targeted activation of astrocytes without interfering with other cell types. Lentiviral vectors are very versatile experimental tools and may carry conditional sequences to control the pattern of transgene expression over time. Further, they can be injected into spatially restricted structures in adult animals from various species [80, 81]. They also represent a unique way of selectively delivering therapeutic molecules to brain cells while inducing minimal peripheral side effects [80, 81].

The development of potent imaging techniques, particularly for live imaging, has also opened new opportunities to investigate the role of reactive astrocytes [3]. Such

techniques allow to evaluate changes in activated astrocytes at the single cell level or to quantify astrocyte activation at the brain-structure level. Specific monitoring of activated astrocytes is particularly important in the context of a cell-based therapeutic approach such as the targeted activation of astrocytes. Using two-photon imaging of astrocytes labeled with sulforhodamine 101 in the mouse cortex [82], Nimmerjahn et al. studied the response of astrocytes to “micro-stroke” and showed that these cells are much less motile than microglia [83]. Similar anatomical analyses of astrocyte activation can be performed with fluorescent reporter genes under the control of the GFAP promoter (or that of another intermediate filament gene induced in reactive astrocytes [84]). Fluorescent proteins have been used to analyze the morphological features of normal [6, 85] or reactive astrocytes [86] in brain slices and in vivo. To obtain more global but quantitative information on astrocyte activation, luciferase may be used as an alternative reporter gene and can be monitored and quantified by biophotonic/bioluminescence imaging [87].

Positron emission tomography (PET) is another noninvasive and quantitative imaging system, which can be used to study the whole brain simultaneously, as opposed to analysis of superficial structures performed with two-photon microscopy. PET ligands available for following neuroinflammation bind mostly to reactive microglia, but may also label reactive astrocytes to some extent [88]. The development of more selective ligands for reactive astrocytes is required to follow astrocyte activation specifically in rodents and primates, using PET in preclinical paradigms. Magnetic resonance imaging (MRI) is an additional standard brain imaging technique that can be used in rodents, primates, and humans. This technique has been recently used to follow astrocyte reactivity 2 h following two types of acute brain injury in rats. These studies demonstrated that both low-flow ischemia induced by endothelin-1 injection and NMDA-mediated excitotoxic injury induced a detectable MRI signal (increase in T<sub>1</sub> relaxation) [89]. Both PET and MRI may therefore be invaluable tools in both preclinical and clinical studies to provide noninvasive measurements of astrocyte activation over time throughout the brain.

### Conclusions

Reactive astrocytes were once thought to be detrimental cells responsible for neuronal demise, but recent studies have changed this view and they are now considered as potential endogenous repair agents [62, 63, 90, 91]. The intrinsic capacity of astrocytes to react to any type of brain injury and to develop a broad range of defense mechanisms makes them a very interesting therapeutic target. This is

particularly true, because many neurological diseases share common pathological mechanisms such as oxidative stress, excitotoxicity, and metabolic impairment that are linked to functions regulated by astrocytes. The pleiotropic nature of astrocytes makes these cells ideally suited for combating multifactorial brain diseases. It is now necessary to develop better molecular tools to direct and control the status of activated astrocytes and to switch them into supportive cells for neurons exposed to various detrimental conditions.

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