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Using LiF:Mg,Cu,P TLDs to estimate the absorbed dose to water in liquid water around an ^{192}Ir brachytherapy source

P. Avilés Lucas, I. Aubineau-Lanière, V. Lourenço, D. Vermesse, D. Cutarella
CEA, LIST, Laboratoire National Henri Becquerel, 91191 Gif-sur-Yvette, France

Abstract

Purpose

The absorbed dose to water is the fundamental reference quantity for brachytherapy treatment planning systems and thermoluminescence dosimeters (TLDs) have been recognized as the most validated detectors for measurement of such a dosimetric descriptor. The detector response in a wide energy spectrum as that of an ^{192}Ir brachytherapy source as well as the specific measurement medium which surrounds the TLD need to be accounted for when estimating the absorbed dose. This paper develops a methodology based on highly sensitive LiF:Mg,Cu,P TLDs to directly estimate the absorbed dose to water in liquid water around a high dose rate ^{192}Ir brachytherapy source.

Methods

Different experimental designs in liquid water and air were constructed to study the response of LiF:Mg,Cu,P TLDs when irradiated in several standard photon beams of the LNE-LNHB (French national metrology laboratory for ionizing radiation). Measurement strategies and Monte Carlo techniques were developed to calibrate the LiF:Mg,Cu,P detectors in the energy interval characteristic of that found when TLDs are immersed in water around an ^{192}Ir source. Finally, an experimental system was designed to irradiate TLDs at different angles between 1 and 11 cm away from an ^{192}Ir source in liquid water. Monte Carlo simulations were performed to correct measured results to provide estimates of the absorbed dose to water in water around the ^{192}Ir source.

Results

The dose response dependence of LiF:Mg,Cu,P TLDs with the linear energy transfer of secondary electrons followed the same variations as those of published results. The calibration strategy which used TLDs in air exposed to a standard N-250 ISO x-ray beam and TLDs in water irradiated with a standard ^{137}Cs beam provided an estimated mean uncertainty of 2.8% ($k = 1$) in the TLD calibration coefficient for irradiations by the ^{192}Ir source in water. The 3D TLD measurements performed in liquid water were obtained with a maximum uncertainty of 11% ($k = 1$) found at 1 cm from the source. Radial dose values in water were compared against published results of the American Association of Physicists in Medicine and the European Society for Radiotherapy and Oncology and no significant differences (maximum value of 3.1%) were found within uncertainties except for one position at 9 cm (5.8%). At this location the background contribution relative to the TLD signal is relatively small and an unexpected experimental fluctuation in the background estimate may have caused such a large discrepancy.

Conclusions:

This paper shows that reliable measurements with TLDs in complex energy spectra require a study of the detector dose response with the radiation quality and specific calibration methodologies which model accurately the experimental conditions where the detectors will be used. The authors have developed and studied a method with highly sensitive TLDs and contributed to its validation by comparison with results from the literature. This methodology can be used to provide direct estimates of the absorbed dose rate in water for irradiations with HDR ^{192}Ir brachytherapy sources.

I. INTRODUCTION

The absorbed dose to water is the fundamental reference quantity for brachytherapy treatment planning systems, as it is closer to the absorbed dose in the biological soft tissue than other quantities such as air kerma. For high energy and high dose rate brachytherapy sources, an experimental estimate of the absorbed dose to water is one of the recommended routine methods to verify the single source dose distribution.¹ Thermoluminescence detectors have found applications in brachytherapy for estimations of the absorbed dose and have been recognized as the most validated^{1,2} detectors for measurement of the absorbed dose to water by the Interstitial Collaborative Working Group³ due to their small size, high sensitivity to measure relatively low doses with high accuracy, and dose linearity. However, the energy spectrum of ¹⁹²Ir brachytherapy sources is complex and detector calibration has to account for possible variations in detector energy response. Das *et al.*⁴ used LiF:Mg,Ti thermoluminescent dosimeters (TLDs) to estimate the dose response in the energy range of interest for brachytherapy and concluded that it was independent of the beam quality. Davis *et al.*⁵ and Nunn *et al.*⁶ however, highlighted with experiments and calculations that neither the measured air kerma nor the TLD dose response of LiF:Mg,Ti or LiF:Mg,Cu,P dosimeters were constant for a wide range of photon spectra. These outcomes have been investigated in brachytherapy for lithium formate dosimeters^{7,8} and recently again for LiF:Mg,Ti TLDs.^{9,10} Antonovic *et al.*⁷ started from the assumption that the dose response for lithium formate dosimeters is independent of beam quality. A deeper investigation of this result,⁸ however, demonstrated that lithium formate dosimeters show a significant under-response for photon energies between 20 and 150 keV which needs to be accounted for by applying experimental and calculated corrections for measurements performed with brachytherapy sources. Recently, Carlsson *et al.*^{9,10} investigated this issue with standard LiF:Mg,Ti TLDs. They studied the measured air kerma response, the dose response, and the application of microdosimetry models to explain the thermoluminescence energy dependence and the significant over-response of LiF:Mg,Ti TLDs when used for brachytherapy dosimetry. As suggested by Olko *et al.*,¹¹ this signal over-response as a function of energy, in the linear dose region, is affected by the existence of supralinearity in the nonlinear dose region and depends on the linear energy transfer (LET) of secondary electrons and the density of ionization clusters created in the TLD material during irradiations.¹¹ They highlight that to understand the macroscopic over- or under-response of any type of TLDs with energy, one needs to account for a combination of factors such as characteristics specific to the solid state structure of the crystal (as for example, the dopant concentration) as well as aspects concerning radiation transfer and absorption processes and light emission (such as the annealing and read-out schemes). As revealed by Carlsson *et al.*^{9,10} in brachytherapy applications, these potential factors of variation emphasize the need to account for the dependence of the thermoluminescence signal on the energy in the TLD, particularly when these detectors are used to verify dose distributions involved in irradiations with a broad energy spectrum such as that of an ¹⁹²Ir source.

The LNE-LNHB French national metrology laboratory for ionizing radiation has used LiF:Mg,Cu,P cubic TLDs of 1 mm side length in this work to estimate the absorbed dose rate around an ¹⁹²Ir brachytherapy source. LiF:Mg,Cu,P TLDs are about 25 times more sensitive¹² to radiation than standard LiF:Mg,Ti TLDs and they saturate without supralinearity at about 100 Gy.¹¹ The under-response of this type of detector is well known in the literature^{13,14} and its behavior has been successfully explained from microdosimetric radiobiological models such as Katz's one-hit model of track structure.¹⁵ In this theory, for a few hundred keV, secondary electrons have a relatively high ionizing potential (high LET) and there is a "local" saturation of trapping centers in the crystal leading to a macroscopic efficiency which is lower than that expected from a general-purpose Monte Carlo calculation of the absorbed dose in a LiF crystal. The behavior of the detector response in different reference photon beams and geometry configurations specifically designed at the LNE-LNHB was investigated with measurements. Monte Carlo calculations were also performed to estimate the dosimetric quantities needed to obtain the absorbed dose to water around an HDR ¹⁹²Ir source. The objective of these measurements and calculations was also part of the Joint Research Project "Increasing cancer treatment efficacy using 3D brachytherapy"¹⁶ (work-package 5) in which the LNE-LNHB was involved. The ultimate objective of this Joint Research Project was to investigate methods to decrease the uncertainty of the patient absorbed dose from the original 10% ($k = 1$) (Refs. 2 and 17) down to 5% ($k = 1$). In connection with this goal,

calibration methods were developed by the LNE-LNHB to estimate and verify the 3D absorbed dose to water around an ^{192}Ir brachytherapy source.

II. MATERIALS AND METHODS

II.A. Formalism

II.A.1. Calibration of TLDs

Thermoluminescent detectors were calibrated in different filtered photon beams of energies representative of those emitted by an ^{192}Ir source. To characterize each energy spectrum or beam quality used, the mean energy of the photons arriving on the TLD, \bar{E} , weighted by their energy fluence was chosen. This energy descriptor can then be written as

$$\bar{E} = \frac{\int \phi(E) E^2 dE}{\int \phi(E) E dE} \quad (1)$$

where $\phi(E) dE$ is the fluence of photons in the TLD in the energy interval between E and $E + dE$.

To calibrate TLDs for each photon beam quality (referred hereafter with the descriptor \bar{E}), the TLD absorbed dose calibration coefficient, $N_{D_{TLD}}(\bar{E})$, was determined for a given irradiation setup as

$$N_{D_{TLD}}(\bar{E}) = \left(\frac{\bar{D}_{TLD}(\bar{E})}{K_{air}(\bar{E})} \right)^{MC} \frac{K_{air}(\bar{E})}{\bar{S}_{TLD}(\bar{E})} \quad (2)$$

where the mean corrected TLD experimental signal, $\bar{S}_{TLD}(\bar{E})$, is averaged for a given geometric position, r , of the sample of irradiated TLDs. $\bar{S}_{TLD}(\bar{E})$ is related to the air kerma measured at the same geometric position, $K_{air}(\bar{E})$, with a calibrated ionization chamber. The quotient of both quantities, $\bar{S}_{TLD}(\bar{E})/K_{air}(\bar{E})$, is known in the literature as the TLD measured air kerma response. The term $\bar{D}_{TLD}^{MC}(\bar{E})$ is the Monte Carlo calculated mean absorbed dose to the TLDs for a given beam quality and geometric position of the set of TLDs. The ratio $\bar{S}_{TLD}(\bar{E})/\bar{D}_{TLD}^{MC}(\bar{E})$ is known as the TLD dose response. Finally, the term $K_{air}^{MC}(\bar{E})$ is the Monte Carlo calculated air kerma at the position of interest for a given beam quality. All the Monte Carlo calculated quantities are obtained for a specific number of photons. Therefore, using Eq. (2), it is possible to calculate the calibration coefficient, $N_{D_{TLD}}(\bar{E})$, in gray per TLD reading units by measuring the air kerma free-in-air with a standard ionization chamber at the position selected for TLD irradiations. As discussed later in the paper, the TLD absorbed dose calibration coefficient, $N_{D_{TLD}}(\bar{E})$ of Eq. (2), is dependent on the TLD irradiation geometry setup. Calibration techniques, based on irradiations of TLDs in air and water, have been developed to obtain energy fluences of primary and secondary photons and electrons reaching the TLDs similar to those obtained when they are surrounded by water and exposed to an ^{192}Ir source.

II.A.2. Absorbed dose to water distribution for TLDs irradiated in water around an ^{192}Ir source

The mean absorbed dose rate to water in a surrounding water medium, $\bar{D}_{w,w}^{Ir}(r, \theta)$, at a radial distance r and a polar angle θ [as defined in the American Association of Physicists in Medicine (AAPM) TG-43 protocol¹⁷] from an ^{192}Ir source, was determined from the experimental mean signal per unit of irradiation time obtained for a TLD at the same position, $\bar{S}_{TLD,w}(r, \theta)$, using the following relation:

$$\bar{D}_{w,w}^{Ir}(r, \theta) = \left(\frac{D_{w,w}(r, \theta)}{\bar{D}_{TLD,w}(r, \theta)} \right)^{MC} \cdot N_{D_{TLD}}(\bar{E}_{Ir}(r, \theta)) \cdot \bar{S}_{TLD,w}(r, \theta), \quad (3)$$

where $D_{w,w}^{MC}(r, \theta)$ is the absorbed dose to water at a position (r, θ) in water calculated using the AAPM TG-43 formalism¹⁷ and $\bar{D}_{TLD,w}^{MC}(r, \theta)$ is the calculated mean absorbed dose to the TLD in water at the same position. The term $N_{D_{TLD}}(\bar{E}_{Ir}(r, \theta))$ is the calibration coefficient for the weighted mean energy $\bar{E}_{Ir}(r, \theta)$. This weighted mean energy is calculated within the TLD when irradiated in water by the ¹⁹²Ir source and varies according to its position relative to the source.

II.B. TLD dosimeters and performance

A group of 200 cubic LiF:Mg,Cu,P (TLD-100H, manufactured by Harshaw) TLDs of $1 \times 1 \times 1$ mm nominal volume and 2.48 g/cm^3 density were used for all measurements. Detectors were individually weighed with a calibrated electronic microbalance (model Mettler Toledo MX5) in order to account for possible differences during the experiments. The uncertainty on the measured masses was equal to 0.003 mg ($k = 1$). Each TLD signal was obtained by dividing the thermoluminescence reading by the mass of the chip.

As raised in recent publications,^{9,10} there is a concern about the effect of annealing and read-out processes on the TLD macroscopic response when TLDs are used in brachytherapy applications. As TLDs are reusable and their response is affected by previous irradiation and thermal history, careful and reproducible handling and annealing techniques were used. This strategy minimizes variations in the sensitivity of the sample and ensures long term stability of the TLD batch. As performed by Olko *et al.*,¹¹ LiF:Mg,Cu,P dosimeters were annealed before irradiation in a Fimel E.T.T. calibrated convection oven at $240 \text{ }^\circ\text{C}$ for 10 min. Afterwards, TLDs were allowed to cool down rapidly to room temperature. Dosimeters were read out 2 h after exposure to a photon beam and no fading correction was applied. A manual reader from the Fimel company allowed for a glow curve integration from the main dosimetric peaks using a temperature profile of $135 \text{ }^\circ\text{C}$ for 10 s for preheat and $240 \text{ }^\circ\text{C}$ for 20 s for the read-out stage, both with a heating ramp of $6 \text{ }^\circ\text{C/s}$. After a given TLD was cooled down in the reader, a second consecutive reading was performed to check the percentage contribution of the residual reading, which amounted to about 2.0%. A light source was used to check the stability of the reader. TLDs, however, were always loaded in the reader in the same order to reproduce as closely as possible in all experiments the systematic variations that may appear from the photomultiplier tube or from the nitrogen gas flow during read-out. Four TLDs were kept unexposed for each experiment to estimate the background contribution. Each TLD reading was corrected by an individual sensitivity factor to account for specific variations in individual TLD responses. The sensitivity of the TLDs was assessed from exposures to a reference ¹³⁷Cs beam each time an experiment trial was carried out. The ratio of an individual TLD response to the mean value of the sample, all corrected for background contribution, was defined as the sensitivity factor.² This test was repeated for each TLD before each measurement to detect possible variations of the response and to improve the accuracy of the measurements. The ¹³⁷Cs beam and a ⁶⁰Co reference beam were used to evaluate the dose and dose-rate linearity of the batch of LiF:Mg,Cu,P TLDs. Linearity with the dose deviated by less than 0.2% between 5 mGy and 10 Gy and by less than 4.7% with dose-rates of 5, 100, 1000, and 10^4 mGy/h .

II.C. Measurements of the kerma response with LiF:Mg,Cu,P TLDs

II.C.1. TLD response when surrounded by air

The air kerma, $K_{air}(\bar{E})$, and the TLD signal, $\bar{S}_{TLD}(\bar{E})$, were measured in air¹⁸ at the same reference position using a standard ¹³⁷Cs beam and five highly filtered x-ray ISO reference beams (N-30, N-60, N-80, N-120, and N-250) all available at the LNE-LNHB. The x-ray tubes had constant potential generators and a 2 mm thick Be window. The general characteristics of each photon beam are listed in Table I. For each beam quality, irradiation times (for the ¹³⁷Cs beam) or the tube current exposure-time product (for the x-ray beams) were adjusted to lead to values of the air kerma between 10 mGy and 1.5 Gy. The uncertainty of the air kerma value obtained with ionization chamber measurements was below 0.41% with $k = 1$ (including uncertainties in positioning, temperature, pressure, and irradiation times). These in-air measurements in the x-ray or in the ¹³⁷Cs photon beam were described in Ref. 18. Briefly, they used 10 (for x-ray exposures) or 5 (for ¹³⁷Cs irradiations) identified TLDs placed in the central 1 mm

depth drilled holes of a cylindrically shaped polymethyl methacrylate (PMMA) holder of 5 mm thickness and 40 mm diameter (Fig. 1). A thin Mylar layer (approximately 36 μm thick) was used to keep the TLDs in place during the experiments. An extra layer of 4 mm thickness of PMMA was used on the front of the TLDs for ^{137}Cs irradiations to ensure charged particle equilibrium. For x-rays, measurements were performed at 80 cm. The “heel effect” caused a variation of the TLD signal between 1% and 2% in the anode-cathode direction relative to the air kerma value at the central axis, but its influence was averaged when estimating the mean reading of the 10 exposed dosimeters.



Figure 1. PMMA holder designed to position cubic TLDs of 1 mm side length vertically during photon exposures in air. This configuration shows five dosimeters located in the central TLD wells.

II.C.2. TLD response when surrounded by water: A novel method to calibrate TLDs for brachytherapy applications

In TLD dosimetry, the detector calibration is often based on measurements in air. We, however, have designed an extra holder to perform measurements of $\bar{S}_{TLD}(\bar{E})$, in water in electronic equilibrium in the ^{137}Cs photon beam. This experimental setup aims to obtain energy fluences of high energy primary and secondary photons and electrons reaching the TLD when surrounded by water. Indeed, the irradiation configuration will have an influence on the local ionization effects, and therefore, on the TLD macroscopic response. As for the in-air experiments previously described, the TLD holder was also constructed from transparent PMMA, but all thicknesses were decreased to minimize the contribution in the TLD of radiation scattered in PMMA. The holder consisted of twenty five holes drilled through a PMMA disk of 1 mm thickness and 30 mm diameter. For the irradiation in water, 15 LiF:Mg,Cu,P chips were loaded in this support (see Fig. 2) which was sandwiched between two layers of 20 μm thickness and about 40 mm diameter constructed from Mylar and taped together in order to waterproof the assembly. An additional paper layer (of about 120 μm thickness) and a black painted Mylar layer were used to provide a nontransparent surface on the front of the TLDs. This allowed for distance measurement from the ^{137}Cs effective source center with a laser measuring device. This distance (194.53 \pm 0.13 cm) to the central TLD was chosen to be about 2 m to avoid scatter contributions from the ^{137}Cs unit and to ensure, given the collimation aperture of the ^{137}Cs photon beam, the irradiation of the whole diameter of the plastic holder. The whole set of Mylar layers, PMMA, TLDs, and the paper circular disk were fitted to the bottom of a cylindrical PMMA rod of 12 cm length and 0.6 cm diameter, which kept the TLDs oriented vertically and provided adjustment of the TLDs depth in water. A rectangular expanded polystyrene foam block was used on the top of the water phantom to fix the TLD support. The TLD support was immersed in the center of a plastic conical water tank of 21 cm height. The tank is transparent and its shape is a truncated cone of 13 and 15 cm lower and upper circular diameters, respectively. The thickness of the plastic tank is 0.75 mm.

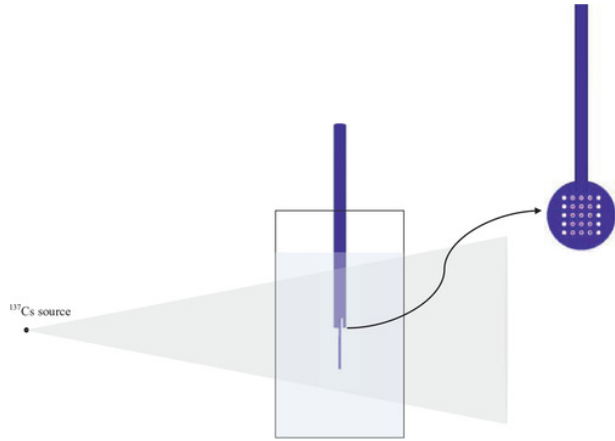


Figure 2. Illustration showing the experimental setup with 15 cubic LiF:Mg,Cu,P TLDs of 1 mm side length irradiated in liquid water by a ^{137}Cs photon beam. The TLD support is positioned vertically with its circular face perpendicular to the longitudinal axis of the photon beam. The circular TLD support is attached to the bottom of a cylindrical PMMA rod. The image on the right side is an illustration showing an enlarged 3D model of the transparent PMMA TLD holder used for irradiations of the crystals. The pink squares simulate the 15 loaded chips used for the experiment. The modelled three thin Mylar layers of $20\ \mu\text{m}$ thickness (taped on the front and back of the PMMA disk) and the paper layer are not shown here for clarity.

II.D. The Monte Carlo code

The PENELOPE Monte Carlo computer program¹⁹ was used for all the simulations performed. This code uses the EPDL97 (Ref. 20) cross-section library. The code was modified to incorporate calculations of the mean photon energy weighted with the photon fluence in a TLD [see Eq. (1)]. The code was also changed to include the scoring of electron energies in a TLD weighted with their energy deposited as

$$\bar{E}_e = \frac{\sum_i T_i \Delta E_i}{\sum_i \Delta E_i} \quad (4)$$

where T_i is the initial kinetic energy of the i th electron when it first enters (or is created in) the TLD and ΔE_i is the total energy deposited by the i th electron inside the TLD (including the energy deposited if it comes back in the TLD and the energy deposited in the TLD by the secondary particles created by this electron). As for the case of the photon energy descriptor referred to before, this quantity is believed to be indicative of the mean “effective” electron energy within the detector volume.

II.E. Monte Carlo calculations for TLD calibration

II.E.1. Photon spectra

N-30, N-60, N-80, and N-120 x-ray spectra used in a previous work¹⁸ were modeled using the program XCOMP (Ref. 21) for a given tube voltage, anode angle (20°), calculation distance and thicknesses of absorbing materials according to the Birch and Marshall model.²² The half-value layers calculated by XCOMP were in agreement with the measured values (within 0.3% for the N-30 up to N-80 spectrum and within 3.5% for the N-120 spectrum). The program SpekCalc²³ was used in a similar way as XCOMP to generate the photon spectrum for the N-250 beam quality. An additional filter of 2 mm of lead in the N-250 x-ray spectrum could not be simulated with SpekCalc to generate the incident spectrum and therefore, it had to be included *ad hoc* in the Monte Carlo simulation. All x-ray beams were simulated as isotropic point sources collimated with a beam half angle of about 2.4° (corresponding to 6.7 cm of beam aperture at 80 cm distance from the x-ray focal spot). The ^{137}Cs irradiation system was already simulated by Gouriou *et al.*²⁴ and the output spectrum was simply adapted to the PENELOPE input format.

II.E.2. Air kerma and TLD absorbed dose

The air kerma, $K_{air}^{MC}(\bar{E})$, and the mean TLD absorbed dose, $\bar{D}_{TLD}^{MC}(\bar{E})$, were calculated for each photon beam used. For the air kerma, the modeled source symmetry helped to improve the calculation efficiency by defining a cylindrical ring-shaped air detection volume of 5 mm thickness at the point of interest. Following TG-43 recommendations,¹⁷ the air kerma was calculated along the perpendicular bisector, at $\theta = 90^\circ$, at the reference distance of 100 cm and in a model of negligible photon scattering (all regions outside the air kerma detector volume were defined as vacuum). Volumetric averaging within the air detector volume contributed to an estimated uncertainty of the air kerma of less than 0.1%. No electron transport was simulated and an energy cut-off of photons was set to 1 keV. Approximately 5×10^9 photon histories were simulated yielding relative type A uncertainties less than 0.4%.

For the mean TLD absorbed dose, $\bar{D}_{TLD}^{MC}(\bar{E})$, no dopant concentration was simulated for the dosimeters as the calculated response with Monte Carlo general-purpose transport simulations is very similar for TLD-100 and TLD-100H between 100 and 600 keV (Ref. 5) and Monte Carlo techniques do not show any significant difference between pure LiF and TLD-100 for the energy range of interest of the spectrum of ^{192}Ir sources.²⁵ An energy cut-off of 1 keV for photons and electrons was set up for the TLD absorbed dose calculation. The number of histories leads to relative type A uncertainties less than 3.2%.

II.F. Measurements and calculations in water for estimates of the absorbed dose to water around an ^{192}Ir source

LiF:Mg,Cu,P TLD detectors were immersed in water around a Nucletron mHDR-v2 ^{192}Ir source (Nucletron BV, Veenendaal, The Netherlands). The source was sent to a polystyrene catheter at the center of a $40 \times 40 \times 40$ cm cubic PMMA tank of 1.5 cm thickness filled with water as described in Ref. 18. The reference air-kerma rate of the ^{192}Ir source was measured using the dosimetric standard of the LNE-LNHB.²⁶ For the experiments with the ^{192}Ir source, four irradiations with different positioning configurations each using 28 TLDs were performed. In each of the four configurations, measurements were carried out for three radial positions (the set of 1, 3, or 5 cm or the set of 1.5, 2.5, and 3.5 cm). At a given radial position r and polar angle θ , four simultaneous TLD measurements were taken at azimuthal angle offsets of 90° . In each of the four configurations, the two positional variables (the radius and the polar angle) provided seven different distances away from the ^{192}Ir source to estimate $\bar{S}_{TLD,w}(r, \theta)$ (see Fig. 3). The exposure time of the TLDs to the ^{192}Ir source included the transit time of the source from its shielded position in the MicroSelectron to the end of the polystyrene catheter at the phantom center and the actual time of full TLD irradiation. The overall irradiation time was estimated with a manual timer having an assumed negligible measurement uncertainty compared with the uncertainty on the TLD reading. An additional correction was applied to account for the source activity decay between irradiations using the four measurement configurations. The determination of the detector to source distance was carried out on the basis of the 3D scale drawings for the measurement designs with the TLD supports constructed from PMMA. This, however, does not account for possible displacements of the source within the polystyrene catheter, or possible deviations of the TLD detector positions (relatively small tilts of the PMMA TLD holders when dipped in water).

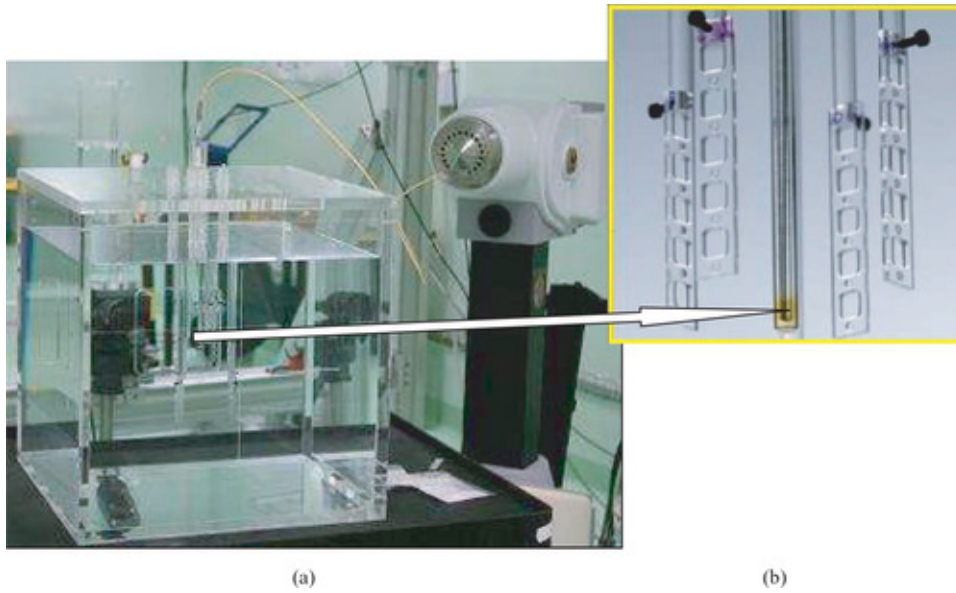


Figure 3. (a) Experimental setup with 28 LiF:Mg,Cu,P TLDs irradiated in liquid water with a HDR ¹⁹²Ir source. (b) The arrow points to the location of the source which is enlarged and shown along with the PMMA TLD holders.

The mean absorbed dose to the TLD when irradiated in water under the experimental conditions at TLD detector positions, $\bar{D}_{TLD,w}^{MC}(r, \theta)$, was calculated with the PENELOPE Monte Carlo code. This code was adapted to emit photons homogeneously within the active ¹⁹²Ir source volume as well as to account for the calculation of the weighted mean photon and electron energies in the TLDs for the experimental conditions simulated. Measurements were performed with the old mHDR-v2 source (which uses the geometry previous to modifications published by Granero *et al.*²⁷) and therefore, details on the geometry of the Nucletron ¹⁹²Ir source were taken from Daskalov *et al.*²⁸ and the CLRP TG-43 Parameter Database for Brachytherapy.²⁹ The source energy spectrum was simulated by including 37 energy lines of photon emission.³⁰ The photon and electron cut-off energies were set to 1 keV for all calculations of absorbed dose to water.

The distribution of absorbed dose to water, $D_{w,w}^{MC}(r, \theta)$, was calculated using the same PENELOPE Monte Carlo code and a water phantom of $80 \times 80 \times 80$ cm which approximates full scatter conditions for distances up to 20 cm from the center of the source.^{31,32} No source catheter was modeled and a 2 mm long stainless steel cable having an effective density of 4.81 g/cm^3 was included in the simulations. Each calculated value of $D_{w,w}^{MC}(r, \theta)$ was scored for positions agreeing with those of TLDs but also included distances in the transverse plane at 0.75, 1, 1.5, 2, 3, 5, 7, and 10 cm from the source in order to provide extra values for validation of the radial dose function, $g(r)$, against AAPM published results. Water interaction volumes for detection were modeled as source-concentric water rings of varying thicknesses to account for the local gradient of the absorbed dose along the distance from the source. Thicknesses of the rings were taken to be equal to 0.2 mm for the detection volume at 0.75 cm away from the source, 0.5 mm for detectors simulated between 1 and 2 cm from the ¹⁹²Ir source and 1 mm for detection volumes at distances larger than 3 cm away from the source. Furthermore, for distances at 1 and 3 cm from the source, water interaction volumes were defined at polar angles between 0° and 180° in order to validate the calculated anisotropy function, $F(r, \theta)$, against published results. The number of histories was adjusted so as to give statistical uncertainties less than 0.8%.

III. RESULTS

III.A. LiF:Mg,Cu,P air kerma and dose response

The TLD air kerma and dose response results are shown in Table II and Table III. The 2nd row of Table II provides the Monte Carlo calculated values of the weighted mean photon energy for each beam quality. The third and fourth lines of Table II show the measured air kerma and dose responses, both normalised to the in-air ^{137}Cs results. The last row of the same table presents the dose response normalized to the ^{137}Cs results obtained in water. The combination of uncertainties is presented in Table III. Uncertainties of the air kerma response normalized to the ^{137}Cs result obtained in air are less than 2.92% ($k = 1$). Uncertainties in dose responses relative to the in-air and in-water ^{137}Cs values are less than 3.14% and 4.71% ($k = 1$), respectively.

Table I. Characteristics of the photon beams used at the LNE-LNHB for calibration of the TLDs.

| Beam quality descriptor | Tube voltage (kV) | Additional filtration (mm) | | | | 1st HVL | $\bar{E}_{Ir}(r, \theta)$ (keV) | Effective energy (keV) |
|-------------------------|-------------------|----------------------------|-------|-------|-------|-------------|---------------------------------|------------------------|
| | | Pb | Sn | Cu | Al | | | |
| N-30 | 30 | | | | 3.493 | 1.141 mm Al | 24.5 | 23 |
| N-60 | 60 | | | 0.605 | 3.990 | 0.239 mm Cu | 47.4 | 46 |
| N-80 | 80 | | | 1.901 | 3.990 | 0.579 mm Cu | 64.0 | 64 |
| N-120 | 120 | | 0.999 | 3.485 | 3.990 | 1.705 mm Cu | 97.0 | 101 |
| N-250 | 250 | 2.0 | 2.037 | | 3.990 | 5.165 mm Cu | 202.5 | 209 |
| ^{137}Cs | ... | | | | | | 613.8 | 662 |

Table II. Relative responses for the six photon beam configurations used.

| Photon beam | N-30 | N-60 | N-80 | N-120 | N-250 | ^{137}Cs in air | ^{137}Cs in water |
|--|-------|-------|-------|-------|-------|--------------------------|----------------------------|
| \bar{E} (keV) | 24.5 | 47.4 | 64.0 | 97.0 | 202.5 | 613.8 | 528.4 |
| \bar{E} | 1.077 | 1.140 | 1.012 | 0.870 | 0.925 | 1.0 | ... |
| \bar{E} | 0.773 | 0.820 | 0.798 | 0.770 | 0.867 | 1.0 | ... |
| $N_{D_{TLD}}(\bar{E}_{Ir}(r, \theta))$ | 0.719 | 0.763 | 0.742 | 0.716 | 0.807 | ... | 1.0 |

Table III. Relative standard uncertainties in percent ($k = 1$) for the TLD response.

| Row | Uncertainty contribution | Relative standard uncertainty (%) | | | | | | |
|-----|--|-----------------------------------|------|------|-------|-------|--------------------------|----------------------------|
| | | N-30 | N-60 | N-80 | N-120 | N-250 | ¹³⁷ Cs in air | ¹³⁷ Cs in water |
| 1 | TLD signal $N_{D_{TLD}}(\bar{E}_{Ir}(r, \theta))$ | 1.72 | 1.84 | 1.38 | 0.73 | 0.71 | 2.23 | 4.04 |
| 2 | Positioning of TLDs | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.02 | 0.07 |
| 3 | Measured $N_{D_{TLD}}(\bar{E}_{Ir}(r, \theta))$ | 0.37 | 0.39 | 0.39 | 0.41 | 0.39 | 0.0045 | 0.0045 |
| 4 | Combining rows 1–3 $D_{w,w}^{MC}(r, \theta)$ | 1.76 | 1.88 | 1.44 | 0.83 | 0.81 | 2.28 | 4.07 |
| 5 | Combining uncertainties of row 4 for $\bar{S}_{TLD,w}(r, \theta)$ | 2.88 | 2.96 | 2.69 | 2.42 | 2.41 | ... | ... |
| 6 | Monte Carlo type A for $\bar{E}_{Ir}(r, \theta)$ | 0.35 | 0.49 | 0.59 | 0.36 | 0.80 | 1.03 | 1.42 |
| 7 | Combining rows 4 and 6 for $\bar{D}_{w,w}^{Ir}(r, \theta)$ | 1.80 | 1.95 | 1.55 | 0.90 | 1.37 | 2.50 | 4.31 |
| 8 | Combining uncertainties of row 7 for $\bar{D}_{w,w}^{Ir}(r, \theta)$ | 3.08 | 3.17 | 2.94 | 2.66 | 2.85 | ... | ... |
| 9 | Combining uncertainties of row 7 for $\bar{D}_{w,w}^{Ir}(r, \theta_0)$ | 4.67 | 4.73 | 4.58 | 4.40 | 4.52 | ... | ... |

III.B. Estimation of the absorbed dose to water with LiF:Mg,Cu,P TLDs irradiated in liquid water around an ¹⁹²Ir source

III.B.1. Calibration coefficients to get the absorbed dose to the LiF:Mg,Cu,P TLDs

The weighted mean photon energy estimated with Monte Carlo methods for the experimental TLD configuration in water, $\bar{D}_{w,w}^{Ir}(r, \theta_0)$, ranged between 259 and 377 keV for all irradiated TLD positions. The type A Monte Carlo uncertainties were less than 0.5% ($k = 1$). This energy interval falls between the weighted mean photon energies obtained from TLD exposures in air to the N-250 x-ray beam ($\frac{1}{\bar{D}_{TLD,w}^{MC}(r, \theta)} N_{D_{TLD}}(\bar{E}_{Ir}(r, \theta)) \bar{S}_{TLD,w}(r, \theta)$ equal to 202.5 keV) and irradiations performed with TLDs in water with the ¹³⁷Cs photon beam ($\bar{D}_{w,w}^{Ir}(r, \theta_0) = (B/r^2) e^{-Ar}$, equal to 528.4 keV). Irradiations performed with the ¹³⁷Cs photon beam using the in-air geometry corresponded to a higher weighted mean photon energy at the TLD ($\frac{1}{\bar{D}_{TLD,w}^{MC}(r, \theta)} N_{D_{TLD}}(\bar{E}_{Ir}(r, \theta)) \bar{S}_{TLD,w}(r, \theta)$ equal to 613.8 keV). Therefore, the in-air calibration coefficient was not selected for brachytherapy applications. Finally, the two calibration coefficients obtained using Eq. (2) for exposures in air to the N-250 x-ray beam and irradiations performed with TLDs in water with the ¹³⁷Cs photon beam can then be used to estimate the calibration coefficients, \bar{E} , for the LiF:Mg,Cu,P TLDs irradiated by the ¹⁹²Ir source in water at the 28 different positions previously described. The estimation of \bar{E} can also be obtained as a function of the weighted mean electron energy in the TLD as defined by Eq. (4). Using the electron weighted mean energy instead of the photon one leads to a mean difference of 0.1% in the calibration coefficient, therefore the photon weighted mean energy was the final choice for the rest of the analysis. The

maximum uncertainty on the fitted calibration coefficient for the ^{192}Ir irradiations, $\frac{\bar{S}_{TLD}(\bar{E}) / K_{air}(\bar{E})}{[\bar{S}_{TLD}(\bar{E}) / K_{air}(\bar{E})]_{CS}^{air}}$, was 2.8% ($k = 1$).

III.B.2. Absorbed dose rate to water for LiF:Mg,Cu,P TLDs irradiated around an ^{192}Ir source

To estimate the absorbed dose to water at a position (r, θ) in water calculated using the AAPM TG-43 formalism,¹⁷ $\frac{\bar{S}_{TLD}(\bar{E}) / \bar{D}_{TLD}^{MC}(\bar{E})}{[\bar{S}_{TLD}(\bar{E}) / \bar{D}_{TLD}^{MC}(\bar{E})]_{CS}^{air}}$, the radial dose function, $g(r)$, was obtained showing an excellent agreement (within 0.3%) against results published by the Carleton CLRP TG-43 Parameter Database²⁹ between 0.75 and 10 cm away from the source. The mean discrepancies against the CLRP TG-43 Parameter Database²⁹ found for the anisotropy function, $F(r, \theta)$, at 1 and 3 cm away from the source are 1% and 2%, respectively, and may be due to small differences in the geometry of the tip and the cable of the source modeled.

The 3D distribution as determined for the ^{192}Ir source with TLDs in liquid water is measured using the experimental configuration shown in Fig. 3. The maximum relative experimental uncertainty on the mean TLD signal per unit of irradiation time, $\frac{\bar{S}_{TLD}(\bar{E}) / \bar{D}_{TLD}^{MC}(\bar{E})}{[\bar{S}_{TLD}(\bar{E}) / \bar{D}_{TLD}^{MC}(\bar{E})]_{CS}^{water}}$, was 11% ($k = 1$) found at 1 cm from the source. This uncertainty reflects the total uncertainty on the TLD signal (including the reader response but excluding the uncertainty on the sensitivity factor since TLD individual readings were corrected according to their sensitivity) as well as uncertainties arising from possible displacements of the source within the polystyrene catheter, and possible deviations of the TLD holders. As mentioned by Taylor *et al.*,³³ an experimental technique to assess the relative source-TLD distance in a liquid water environment is challenging particularly for distances of about 1 cm or less. The precision of the source positioning within the catheter when the source is released from the MicroSelectron is ± 1.5 mm and the source activity does not allow measurements with manual callipers with the source in place. All the contributions to the uncertainty on positioning were estimated indirectly from the variation of the mean TLD signal measured simultaneously at the four azimuthal offsets with four TLDs for a given value of r and θ and provided a relative uncertainty on the TLD positioning ranging from 1.4% up to 5.6%.

For the simulations of TLD experiments in water, the weighted mean photon energy, $\bar{S}_{TLD}(\bar{E})$, had a relative standard deviation of about 10%. This reflects the significant variation of the energy with the position of the detector relative to the iridium source. The maximum relative uncertainty on the mean absorbed dose rate to water, $K_{air}(\bar{E})$, 11.6% ($k = 1$), was found at the closest distance (about 1 cm) from the brachytherapy source, where the steepest gradient in the dose profile is found and the size of the TLD is too large to sample the absorbed dose with a lower uncertainty.

IV. DISCUSSION

IV.A. LiF:Mg,Cu,P air kerma response

Measurements of the relative air kerma response as a function of the photon energy of each beam are compared with published results^{5,13} in Fig. 4 for the in-air measurement geometry. Our results follow the variation of published values. Figure 4 and results in the third row of Table II show that our values are less than unity for energies greater than 64 keV. Curve shapes shown in Fig. 4 should be compared independently of the uncertainty contributions as Davis *et al.*⁵ provided only type A uncertainties and results of Olko *et al.*¹³ do not show their estimated uncertainties. Values of Davis *et al.*⁵ are below our values by 10% to 13% between 25 keV and 64 keV and as seen from the trend of points displayed in Fig. 4, this difference decreases with increasing energy (down to 6% at about 200 keV). This result can be explained by the use of a PMMA layer of 1.63 mm by Davis *et al.*⁵ in front of the TLDs for all the x-ray exposures. The use of this PMMA layer may decrease the mean energy of photons and electrons reaching the TLDs and therefore increases the LET of secondary electron tracks within the LiF:Mg,Cu,P crystals. This phenomenon may result in a faster local saturation of the detector traps and therefore, in

a lower macroscopic response compared to our results, which only used $36\ \mu\text{m}$ of Mylar in front of the TLDs when exposed in-air to x-ray photon beams. The influence of this PMMA thickness lessens with the increase in photon energy as shown by the closer agreement (6%) found at higher energies. For the case of values of Olko *et al.*,¹³ the lack of further information on the geometrical setup used does not allow a similar explanation to justify the mean difference of 8% found with our relative measurements over the energies covered. Finally, it is important to emphasize that our detector thickness (1 mm) was also different than that used by Davis *et al.*⁵ (0.38 mm) or Olko *et al.*¹³ (0.65 mm). Carlsson *et al.*⁹ mentioned, however, that the effect of the detector thickness on the mean absorbed dose is negligible for photons above 40 keV. Relative differences with Olko *et al.*¹³ and Davis *et al.*⁵ may also arise from the use of different annealing regimes as highlighted by Horowitz.³⁴

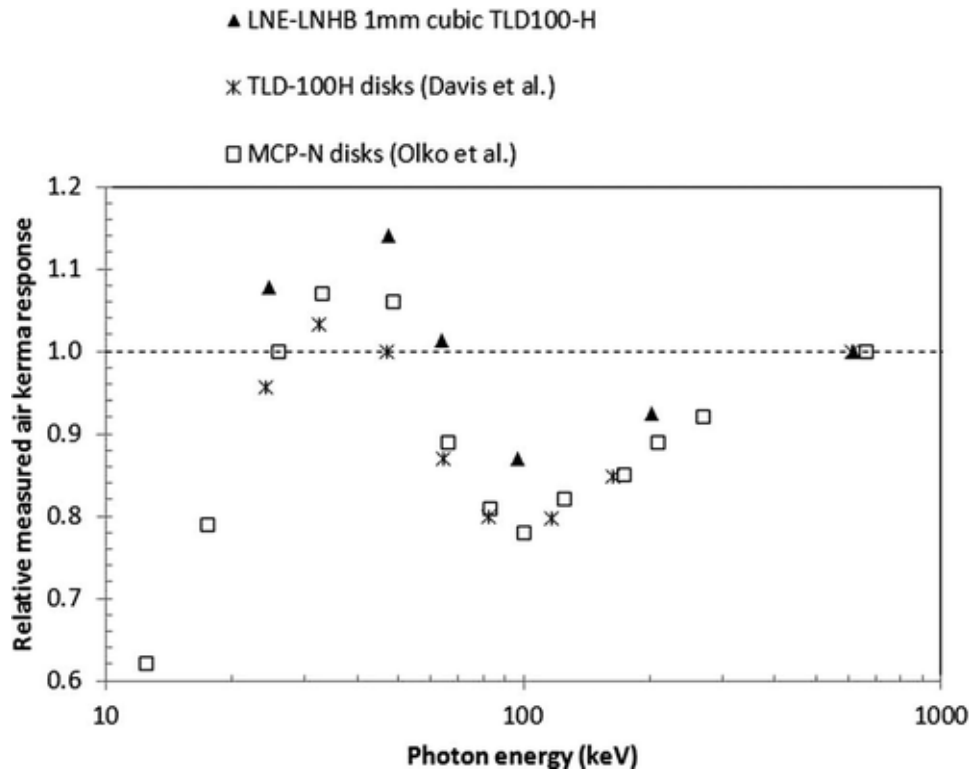


Figure 4. Variation of the relative measured air kerma response for LiF:Mg,Cu,P TLDs exposed in air to different photon energies. Results are compared with those provided by Davis *et al.* (Ref. 5) and Olko *et al.* (Ref. 13).

IV.B. LiF:Mg,Cu,P dose response

The variation of the TLD dose response for measurements performed in air as a function of the mean photon energy of the beam is illustrated in Fig. 5. As before, our results follow the variation of published values. All values are below unity and are interpreted as the result of an under-response. This is explained from the microdosimetric theory as a consequence of saturation effects caused by deposits of high doses in small target volumes (on the 60 to 180 nm scale),¹¹ i.e., even a few ionization densities derived from low-energy electron tracks can cause local saturation in LiF:Mg,Cu,P crystals. The known “anomalous” low energy response found around 100 keV is also observed in our experiments with a local minimum obtained at 97 keV (Olko *et al.*^{13,35} determined that it is between 83 and 90 keV). This minimum is explained as the result of competition between the photoelectric and the Compton effects. Photoelectric processes are progressively replaced by Compton interactions above 30 keV (where electrons are ejected with about 3 keV in pure LiF) up to 120 keV (where electrons are ejected with about 38 keV). The *frequency-mean linear energy*, y_F , is directly related to the ionization density, and Olko *et al.*¹³ used Monte Carlo calculations of electron tracks in microdosimetric distributions to determine that both Compton and photoelectric interactions combine to cause a maximum in y_F at about

100 keV, which agrees with the local minimum found in our TLD dose response. Average differences of the relative dose response with published results,^{13,5} shown in Fig. 5, are between 5% and 8% higher for all photon energies. For photon energies above 100 keV, mean differences decrease and range between 3% and 5%. Again, our values are higher than those included in the comparison and the reason may be due to the effect of different in-air TLD irradiation geometries or annealing stages used by other authors.

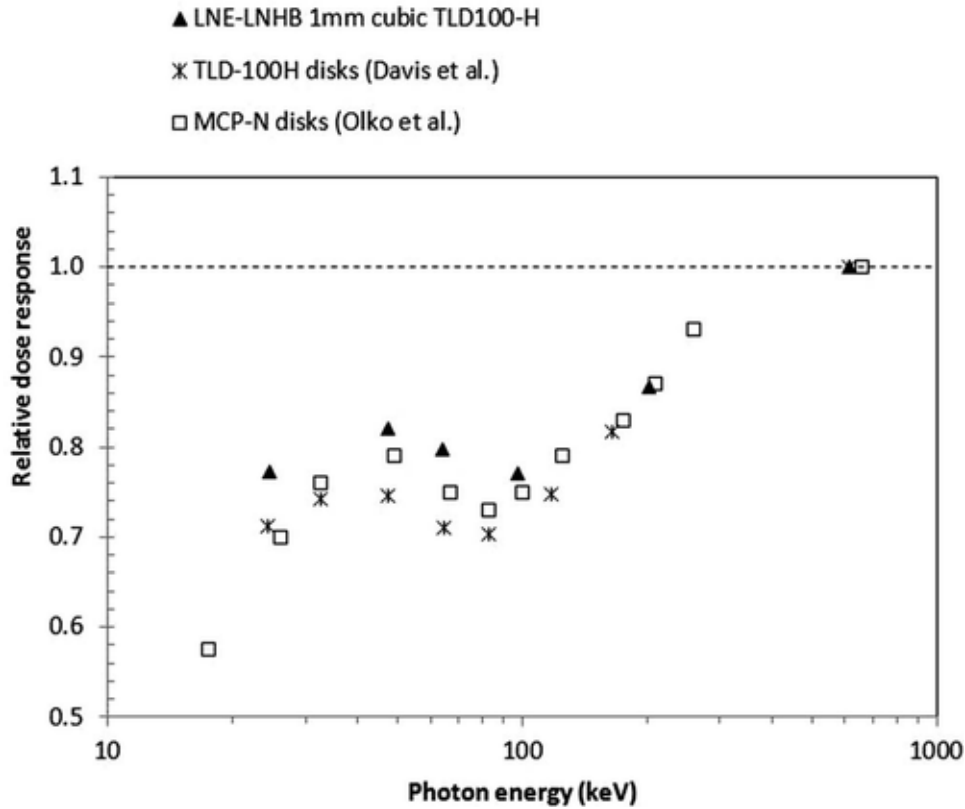


Figure 5. Variation of the relative dose response for LiF:Mg,Cu,P TLDs exposed in air to different photon energies. Results are compared with those provided by Davis et al. (Ref. 5) and Olko et al. (Ref. 13).

The relative dose response normalized to the result obtained for TLD irradiations with the ¹³⁷Cs beam in liquid water is shown in the last line of Table II. Values differ by 7% from those obtained using the normalization from the in-air ¹³⁷Cs irradiations. This behavior was expected since the mean energy of photons, and so that of electrons, within the TLD is lower in water. Since the ionization density locally increases with the decrease in energy, saturation effects become more likely to occur in this case.

IV.C. Estimation of the absorbed dose to water with LiF:Mg,Cu,P TLDs irradiated in liquid water around an ¹⁹²Ir source

To validate our methodology, the mean absorbed dose rate to water values $\bar{S}_{TLD}(\bar{E}) / K_{air}(\bar{E})$ were corrected for the anisotropy using published results^{28,36} according to the AAPM TG-43 formalism to provide the mean absorbed dose to water in the transverse plane $\frac{\bar{S}_{TLD}(\bar{E}) / K_{air}(\bar{E})}{[\bar{S}_{TLD}(\bar{E}) / K_{air}(\bar{E})]_{Cs}^{air}}$. A potential function is fitted to the final corrected quantity $K_{air}^{MC}(\bar{E}) / \bar{D}_{TLD}^{MC}(\bar{E})$ (see dashed curve displayed in Fig. 6) and the results provide a good regression coefficient (equal to 0.9898). This was compared with the Carleton University published “along-away” dose values²⁹ for radial position ranging between 1 and 10 cm, as shown in Fig. 7. Differences are less than 3.1% between 1 and 10 cm from the source and are not significant within uncertainties (4.1% $k = 1$). An exception occurs at 9 cm from the source where the difference between the AAPM and our value increases up to 5.8%. This could be due to the increase

in the measurement uncertainty in the estimate of the background contribution relative to the TLD signal, which is small at large distances from the source.

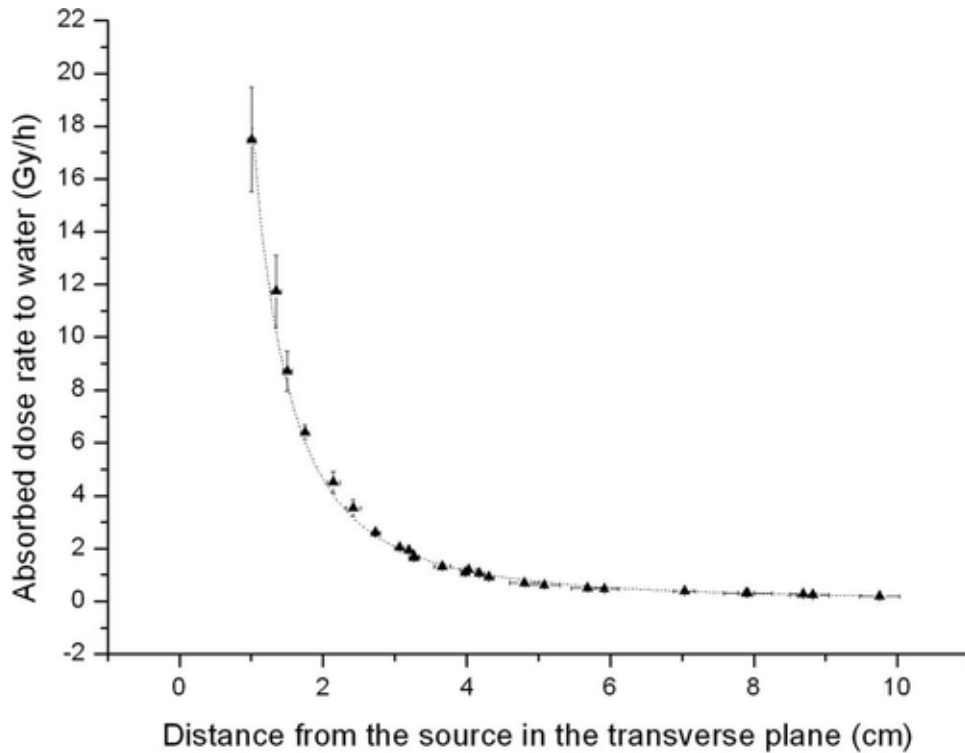


Figure 6. Variation of absolute dose rate to water values with LiF:Mg,Cu,P TLDs in liquid water as a function of the distance along the transverse axis of the ^{192}Ir source. An exponential function of type $\bar{S}_{TLD}(\bar{E}) / \bar{D}_{TLD}^{MC}(\bar{E})$, with parameters B equal to (18.36 ± 0.45) ($\text{Gy cm}^2 \text{h}^{-1}$), and A equal to (-0.0031 ± 0.0042) (cm^{-1}) provided the best fit.

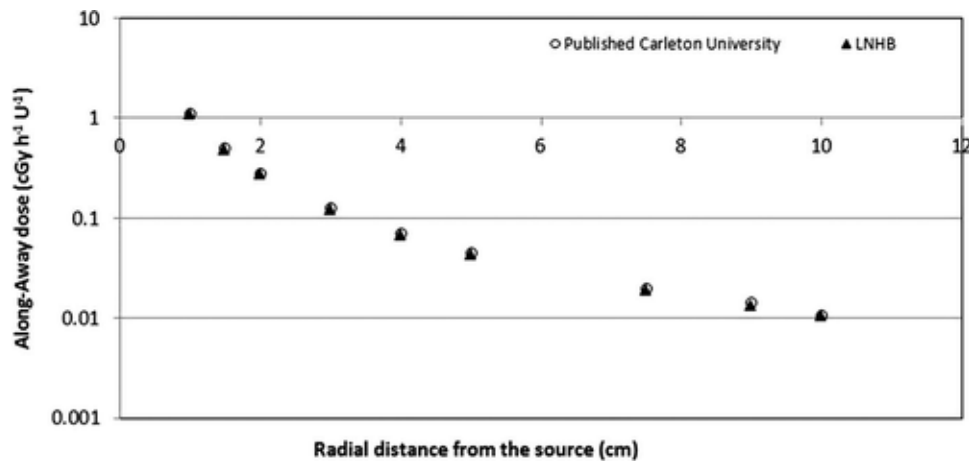


Figure 7. Comparison between along-away dose values derived from our methodology and those published by Carleton University (Ref. 29) for radial position ranging from 1 to 10 cm.

Another validation of our methodology to estimate the mean absorbed dose rate to water around a ^{192}Ir source can be carried out. For this purpose, the following factor:

$$\frac{\bar{S}_{TLD}(\bar{E}) / \bar{D}_{TLD}^{MC}(\bar{E})}{[\bar{S}_{TLD}(\bar{E}) / \bar{D}_{TLD}^{MC}(\bar{E})]_{CS}^{air}} \quad (5)$$

extracted from Eq. (3), was compared with unity. An exact equality with unity would mean that the estimated calibration coefficient takes into account accurately what is happening in the TLDs when irradiated around the ^{192}Ir source.

In order to compare Eq. (5) with unity, a scale factor which uses the measured LNE-LNHB reference air kerma rate has to be introduced to obtain a dimensionless quantity. The results are shown in Fig. 8. The mean percentage difference with unity is within 3.5% and this difference is not statistically significant (the average uncertainty of the unity factor is 6.6% with $k = 1$) for all distances.

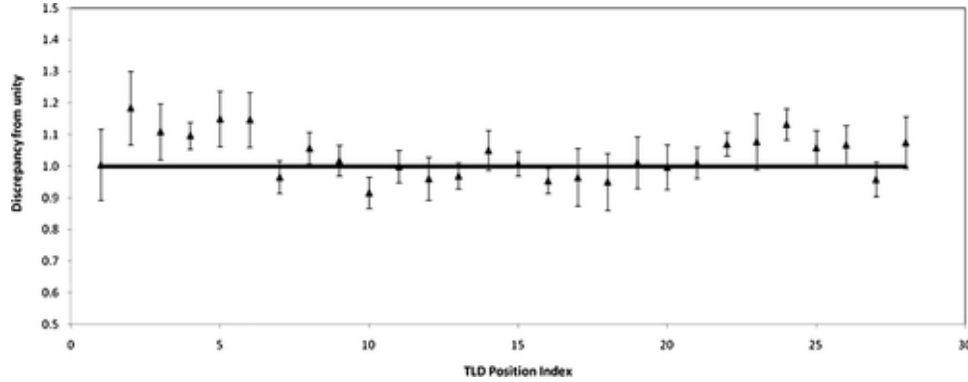


Figure 8. Test of the LNE-LNHB TLD methodology to estimate the absorbed dose to water around an ^{192}Ir brachytherapy source. Values of $\frac{\bar{S}_{TLD}(\bar{E}) / \bar{D}_{TLD}^{MC}(\bar{E})}{[\bar{S}_{TLD}(\bar{E}) / \bar{D}_{TLD}^{MC}(\bar{E})]_{Cs}^{water}}$ are compared to 1.

V. CONCLUSIONS

This paper develops a methodology based on measurements and Monte Carlo calculations to directly estimate the absorbed dose in liquid water around an ^{192}Ir brachytherapy source with highly sensitive LiF:Mg,Cu,P TLDs.

Several experimental designs and Monte Carlo simulations were performed to study the air kerma and the dose detector response of LiF:Mg,Cu,P TLDs to photon beams of different energies. The LiF:Mg,Cu,P crystals show a LET dependence which follows variations of published values although a lower under-response was observed in our work. Deviations from literature values are, however, expected due to the use of different irradiation setups and as a result of discrepancies in the annealing stages used to handle the TLDs. The LET dependence determines the real detector response depending on the photon and electron energy fluence arriving to the TLD and cannot be modeled or corrected by general-purpose Monte Carlo techniques of radiation transport in the detectors. In order to account for this, a novel calibration method was developed for brachytherapy applications which uses Monte Carlo calculations and LiF:Mg,Cu,P TLD exposures in air to a standard N-250 x-ray beam, and in water, to a standard ^{137}Cs photon beam. This method proved to be accurate leading to a maximum uncertainty of 2.8% ($k = 1$) for the TLD calibration coefficient found when detectors are irradiated in water around an ^{192}Ir source.

The experimental design used to measure the 3D TLD signal in liquid water around a high dose rate ^{192}Ir source is challenging and positional deviations were compensated for at each position by repeated TLD measurements at four azimuthal angle offsets of 90° . These deviations lead to positional uncertainties ranging from 1.4% to 5.6%. The experimental setup which used TLDs in liquid water lead to a maximum experimental uncertainty on the mean TLD signal per unit of irradiation time of 11.0% ($k = 1$) found at about 1 cm from the source. The Monte Carlo model used to get the absorbed dose to water around a ^{192}Ir source was validated by comparison with calculations from the literature. Very good agreement was demonstrated. Finally, the TLD dosimetric method based on measurements and Monte Carlo calculations was used to obtain the absorbed dose in water around a high dose rate ^{192}Ir source. The maximum relative uncertainty on the mean absorbed dose rate to water was 11.6% ($k = 1$) found at the

closest distance (about 1 cm) from the brachytherapy source. In this region, the gradient in the absorbed dose profile is high and the size of the TLDs (1 mm) is too large to sample the absorbed dose with a lower uncertainty. The mean absorbed dose to water was also obtained in the transverse plane using published anisotropy corrections for comparison against validated published results using the AAPM TG-43 formalism. Differences between our results and those from the published along-away dose values were less than 3.1% for positions ranging between 1 and 10 cm away from the ^{192}Ir source. These were within uncertainties (4.1% $k = 1$) except for the result at 9 cm, where the discrepancy increases up to 5.8%, possibly due to the significant increase of the ratio of the background contribution to the main TLD signal. An alternative validation of the methodology was performed leading to an overall difference of 3.5% over all the positions of interest which was not significant (within a mean uncertainty of 6.6%, $k = 1$). Our study demonstrated that reliable results can be obtained when the relative detector response is taken into account depending on the beam quality.

The LNE-LNHB TLD methodology can therefore be used to provide estimates of the absolute absorbed dose to water for an ^{192}Ir source. The results show, however, the need to reproduce with accuracy irradiation geometry configurations, annealing, reading, and handling TLD procedures in order to use properly the calibration coefficients estimated for the TLDs when irradiated with an HDR ^{192}Ir source. Otherwise, detector responses may vary from the expected behavior, affecting the final values of the absorbed dose to water.

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